



Chillerton and Rookley Primary School and Early Learners
Main Road, Chillerton, Newport, Isle of Wight, PO30 3EP



10th September 2019

We are pleased to tell you that your child _____ will be taking part in 5 weeks of Forest School Sessions at School starting Wednesday 18th September.

The sessions will take place in the Nature Area for approximately 2 hours each week. Mrs Sweatman will be leading the group. Mrs Sweatman is a qualified Forest School Leader. Miss Whittle or Miss Sweatman will be assisting the groups; they are looking forward to putting their training into action!

We will be working using tools for woodwork and lighting fire to use for cooking, once the children have developed an understanding of the safety expectations. We will also be following the children's lead and having lots of fun!

The sessions will go ahead in most weathers, with the exception of extreme wind.

Children will need:

- Welly boots (even if sunny)
- Waterproof coat (which you do not mind getting dirty!)
- Waterproof over trousers or old trousers
- Gloves and Hat



What is Forest School?

Forest School is a unique way of building independence, self-esteem and a positive attitude towards learning in children and young people as they explore and experience the natural world for themselves.

A combination of freedom and responsibility is beneficial to children with little confidence or challenging behaviour. Valuable life skills are learnt – communication, team working and responsibility.

Why is Forest School good for children and young people?

- Beneficial for children who learn by 'doing'.
- Children involved in Forest School become more responsible for their actions, can calculate risks better and show improved self-confidence.
- A desire for learning is encouraged and transferred back to the classroom.
- Forest Schools encourage children to become more active and healthy.
- Children develop self-awareness.
- Develop better communication skills.
- Developing independence.
- And much more!

If parents would like to come along and help at the sessions please let us know, you will be very welcome.

Kind Regards

Mrs Sweatman

