



PSHE is 'Personal, Social, Health and Economic Education'.

Through PSHE lessons at Godshill Primary, children will be equipped with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives – both now and in the future.

Our PSHE topics include:

- Rules and responsibilities
- Healthy relationships
 - Keeping safe
- Caring for the environment
 - healthy lifestyles
 - money
- Feelings and emotions
- Growing and changing
 - Valuing difference

Through these lessons, driven by the support of SCARF resources, we aim for children to develop the qualities and attributes needed to thrive as individuals, family members and positive members of society.

SCARF provides a whole-school approach to building these essential foundations – crucial for children to achieve their best, academically and socially.

Stenbury Federation PSHE Yearly overview 2020-2021

Autumn:	Rules and responsibilities Healthy Relationships Keeping safe
Spring:	Caring for the environment Healthy lifestyles Money
Summer:	Feelings and emotions Growing and changing Valuing difference