



Chillerton and Rookley Primary School and Early Learners
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20th March 2019

Swim Safe - FREE RNLI and Swim England Water Safety Sessions

Dear Parents/Carers

The RNLI and the Isle of Wight RNLI Lifeboat Board has partnered with Swim England (the National Governing Body for swimming in England) to deliver Swim Safe sessions at Sandown beach in 2019.

Swim Safe offers **FREE to access** practical water safety sessions, using qualified instructors and lifeguards at open water locations around the UK. The programme was created to give young people experience of open water environments that are vastly different from the swimming pool they have learned to swim in.

The 1 hour-long session is tailored specifically to meet the following elements of Key Stage 2:

- **Perform safe self-rescue in different water-based situations;**
- **Take part in outdoor and adventurous activity challenges both individually and within a team.**

The sessions are aimed at pupils who are already able to swim 25 metres unaided. Swim Safe builds on their ability and teaches pupils the essential techniques to enable them to be safe in and around open water.

As a school we will be taking children on Tuesday 2nd July. We will take them by minibus and ask parents to collect from Sandown beach by the Lifeguard tower at 3pm.

Please complete the form below to secure your child's place; we are taking booking on a first come first served basis as spaces are limited by the provider.

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Swim Safe - FREE RNLI and Swim England Water Safety Session Tuesday 2nd July

Name of Child:..... Class:

My child can swim 25 meters independently: Please provide a copy of certificate to school.

..... will collect him/her from Sandown beach at 3pm

Signed

Date